

15 Days of Winter Break

Salt Dough

What You Need:

- 1 cup of salt
- 4 cups of all-purpose flour
- 1 1/2 cups warm water
- bowl
- spoon

Optional:

- rolling pin, parchment paper, cookie cutters, straw, paint, glitter, water, glue, ribbon



Photo from twinmomrefreshed.com

Instructions:

1. Put salt and flour in the bowl. Stir until combined.
2. Slowly add the water and stir.
3. Knead the dough with your hands until all the ingredients are mixed together.
4. Form a ball. Add flour if the dough is sticky. Add water if the dough is crumbly.
5. Make shapes with the dough! If you want, roll out the dough on parchment paper and use cookie cutters, or make a handprint.
6. If you want to make ornaments, use a straw to poke a hole where you want the string.

To keep the ornaments, heat the oven to 250 degrees Fahrenheit.

1. Bake the ornaments for 1 hour or until hard.
2. Let them cool completely before decorating. Paint or add glitter!
3. To keep your decorations, mix some water and glue to create a sealer. Paint the sealer over the decorations and let it dry.
4. Tie a ribbon through the hole and hang up your creation!